

# Contents

General Preface to the Series	iii
Preface	iii
<b>1 Introduction</b>	<b>1</b>
1.1 Early evolution of clocks    1.2 Types of biological clock	
<b>2 Daily, Tidal, Lunar and Annual Rhythms</b>	<b>5</b>
2.1 Terminology of biological rhythms    2.2 Circadian rhythms	
2.3 Free-running rhythms    2.4 Tidal and lunar rhythms	
2.5 Annual rhythms    2.6 Temperature compensation    2.7 Entrainment	
2.8 Phase response curves	
<b>3 Endogenous or Exogenous?</b>	<b>21</b>
3.1 Evidence for exogenous control    3.2 Evidence for endogenous control	
<b>4 Circadian Rhythms</b>	<b>26</b>
4.1 Rhythms in unicellular organisms    4.2 Rhythms in cells	
4.3 Rhythms in tissues    4.4 Rhythms in whole organisms (metabolic, behavioural, developmental)	
<b>5 Celestial Navigation and Continuously Consulted Clocks</b>	<b>36</b>
5.1 Continuously consulted clocks, or 'time sense'    5.2 Celestial navigation	
<b>6 Photoperiodism, or Seasonal Timing</b>	<b>41</b>
6.1 Photoperiodism    6.2 Critical daylength    6.3 Photoperiodic clock mechanisms	
6.4 Phytochrome    6.5 Dormancy and diapause	
<b>7 Clock Mechanisms</b>	<b>47</b>
7.1 Clock concepts    7.2 Mechanisms for changing phase	
7.3 Coupling processes    7.4 Driving oscillator mechanisms	
7.5 The overall temporal organization of organisms	
Key to Terminology	60
Further Reading	60