

Contents

Introduction	1	Structural proteins	70
Basics		Globular proteins	72
Chemistry		Protein folding	74
Periodic table	2	Molecular models: insulin	76
Bonds	4	Isolation and analysis of proteins	78
Molecular structure	6	Nucleotides and Nucleic Acids	
Isomerism	8	Bases and nucleotides	80
Biomolecules I	10	RNA	82
Biomolecules II	12	DNA	84
Chemical reactions	14	Molecular models: DNA and RNA	86
Physical Chemistry		Metabolism	
Energetics	16	Enzymes	
Equilibria	18	Basics	88
Enthalpy and entropy	20	Enzyme catalysis	90
Reaction kinetics	22	Enzyme kinetics I	92
Catalysis	24	Enzyme kinetics II	94
Water as a solvent	26	Inhibitors	96
Hydrophobic interactions	28	Lactate dehydrogenase: structure	98
Acids and bases	30	Lactate dehydrogenase: mechanism	100
Redox processes	32	Enzymatic analysis	102
Biomolecules		Coenzymes 1	104
Carbohydrates		Coenzymes 2	106
Overview	34	Coenzymes 3	108
Chemistry of sugars	36	Activated metabolites	110
Monosaccharides and disaccharides	38	Metabolic Regulation	
Polysaccharides: overview	40	Intermediary metabolism	112
Plant polysaccharides	42	Regulatory mechanisms	114
Glycosaminoglycans and glycoproteins	44	Allosteric regulation	116
Lipids		Transcription control	118
Overview	46	Hormonal control	120
Fatty acids and fats	48	Energy Metabolism	
Phospholipids and glycolipids	50	ATP	122
Isoprenoids	52	Energetic coupling	124
Steroid structure	54	Energy conservation at membranes	126
Steroids: overview	56	Photosynthesis: light reactions	128
Amino Acids		Photosynthesis: dark reactions	130
Chemistry and properties	58	Molecular models: membrane proteins	132
Proteinogenic amino acids	60	Oxoacid dehydrogenases	134
Non-proteinogenic amino acids	62	Tricarboxylic acid cycle: reactions	136
Peptides and Proteins		Tricarboxylic acid cycle: functions	138
Overview	64	Respiratory chain	140
Peptide bonds	66	ATP synthesis	142
Secondary structures	68	Regulation	144
		Respiration and fermentation	146
		Fermentations	148

Carbohydrate Metabolism	
Glycolysis	150
Pentose phosphate pathway	152
Gluconeogenesis	154
Glycogen metabolism	156
Regulation	158
Diabetes mellitus	160
Lipid Metabolism	
Overview	162
Fatty acid degradation	164
Minor pathways of fatty acid degradation	166
Fatty acid synthesis	168
Biosynthesis of complex lipids	170
Biosynthesis of cholesterol	172
Protein Metabolism	
Protein metabolism: overview	174
Proteolysis	176
Transamination and deamination	178
Amino acid degradation	180
Urea cycle	182
Amino acid biosynthesis	184
Nucleotide Metabolism	
Nucleotide degradation	186
Purine and pyrimidine biosynthesis	188
Nucleotide biosynthesis	190
Porphyrin Metabolism	
Heme biosynthesis	192
Heme degradation	194
Organelles	
Basics	
Structure of cells	196
Cell fractionation	198
Centrifugation	200
Cell components and cytoplasm	202
Cytoskeleton	
Components	204
Structure and functions	206
Nucleus	208
Mitochondria	
Structure and functions	210
Transport systems	212
Biological Membranes	
Structure and components	214
Functions and composition	216
Transport processes	218
Transport proteins	220
Ion channels	222
Membrane receptors	224
Endoplasmic Reticulum and Golgi Apparatus	
ER: structure and function	226
Protein sorting	228
Protein synthesis and maturation	230
Protein maturation	232
Lysosomes	234
Molecular Genetics	
Overview	236
Genome	238
Replication	240
Transcription	242
Transcriptional control	244
RNA maturation	246
Amino acid activation	248
Translation I: initiation	250
Translation II: elongation and termination	252
Antibiotics	254
Mutation and repair	256
Genetic engineering	
DNA cloning	258
DNA sequencing	260
PCR and protein expression	262
Genetic engineering in medicine	264
Tissues and organs	
Digestion	
Overview	266
Digestive secretions	268
Digestive processes	270
Resorption	272
Blood	
Composition and functions	274
Plasma proteins	276
Lipoproteins	278
Hemoglobin	280
Gas transport	282
Erythrocyte metabolism	284
Iron metabolism	286
Acid-base balance	288
Blood clotting	290
Fibrinolysis, blood groups	292
Immune system	
Immune response	294
T-cell activation	296
Complement system	298
Antibodies	300
Antibody biosynthesis	302
Monoclonal antibodies, immunoassay	304

Liver		
Functions.....	306	
Buffer function in organ metabolism ..	308	
Carbohydrate metabolism	310	
Lipid metabolism.....	312	
Bile acids.....	314	
Biotransformations	316	
Cytochrome P450 systems	318	
Ethanol metabolism.....	320	
Kidney		
Functions.....	322	
Urine.....	324	
Functions in the acid-base balance....	326	
Electrolyte and water recycling	328	
Renal hormones.....	330	
Muscle		
Muscle contraction	332	
Control of muscle contraction.....	334	
Muscle metabolism I	336	
Muscle metabolism II.....	338	
Connective tissue		
Bone and teeth	340	
Calcium metabolism	342	
Collagens.....	344	
Extracellular matrix.....	346	
Brain and Sensory Organs		
Signal transmission in the CNS.....	348	
Resting potential and action potential..	350	
Neurotransmitters	352	
Receptors for neurotransmitters.....	354	
Metabolism	356	
Sight	358	
Nutrition		
Nutrients		
Organic substances	360	
Minerals and trace elements	362	
Vitamins		
Lipid-soluble vitamins	364	
Water-soluble vitamins I	366	
Water-soluble vitamins II.....	368	
Hormones		
Hormonal system		
Basics	370	
Plasma levels and hormone hierarchy..	372	
Lipophilic hormones.....	374	
Metabolism of steroid hormones	376	
Mechanism of action	378	
Hydrophilic hormones	380	
Metabolism of peptide hormones	382	
Mechanisms of action.....	384	
Second messengers.....	386	
Signal cascades.....	388	
Other signaling substances		
Eicosanoids	390	
Cytokines.....	392	
Growth and development		
Cell proliferation		
Cell cycle	394	
Apoptosis.....	396	
Oncogenes	398	
Tumors	400	
Cytostatic drugs	402	
Viruses.....	404	
Metabolic charts.....	406	
Calvin cycle	407	
Carbohydrate metabolism.....	408	
Biosynthesis of fats and membrane liquids	409	
Synthesis of ketone bodies and steroids	410	
Degradation of fats and phospholipids .	411	
Biosynthesis of the essential amino acids	412	
Biosynthesis of the non-essential amino acids	413	
Amino acid degradation I	414	
Amino acid degradation II.....	415	
Ammonia metabolism.....	416	
Biosynthesis of purine nucleotides ...	417	
Biosynthesis of the pyrimidine nucleotides and C ₁ metabolism.....	418	
Nucleotide degradation.....	419	
Annotated enzyme list	420	
Abbreviations.....	431	
Quantities and units	433	
Further reading	434	
Source credits.....	435	
Index	437	
Key to color-coding:		
see front and rear inside covers		